



Get Set 4
Education

Vocabulary Pyramid

Athletics



Y4

heave
launch
measure

official
officiate

pace
record
stamina

stride
transfer of weight

Y3

accuracy
baton
event

personal best
power

relay
speed

strength
technique

Y2

aim
distance

far
height

landing
sprint

take off

Y1

control
further

leap
overarm

quickly
time

underarm
walk

EYFS

balance
bend
direction

fast
hop
jog

jump
land
rules

run
safe
safely

slow
space
stop

target
throw

- Ball Skills
- Fundamentals
- Games



Get Set 4
Education

Vocabulary Pyramid

Dance



Y4

action and reaction order phrase represent structure
flow performance relationship rhythm

Y3

canon extend formation
explore feedback interact

Y2

create expression mirroring speed
dynamics matching perform unison

Y1

balance copy level pose
beat fast pathway timing

EYFS

action direction high move shape space travel
counts finish position low quickly slowly start position





Get Set 4
Education

Vocabulary Pyramid

Gymnastics



Y4

bridge inverted perform shoulder stand
fludily momentum rotation stability wrist grip

Y3

body tension extend landing position patch
contrast flow match point take off



Y2

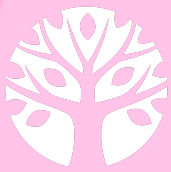
link pathway pike sequence straddle tuck

Y1

action control direction level speed

EYFS

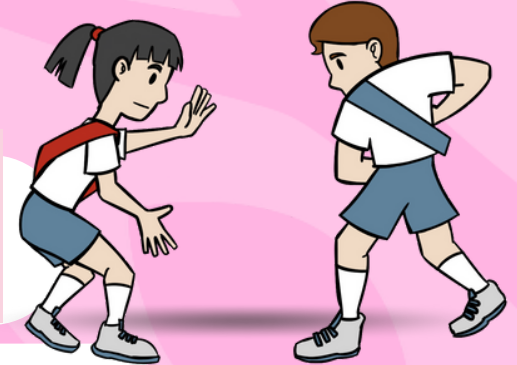
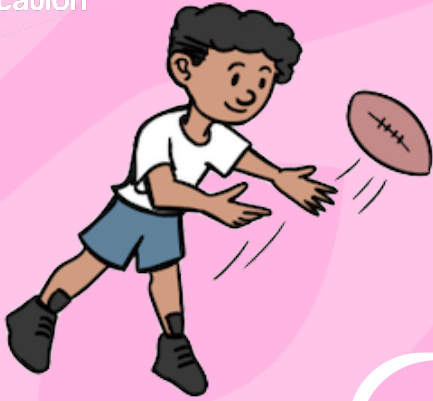
around copy land roll star
balance hold over shape still
bend jump rock squeeze straight travel



Get Set 4
Education

Vocabulary Pyramid

Invasion Games



Y4

accelerate	delay	limit	offside	pressure	tackle
cushion	deny	momentum	onside	protect	timing
decision	gain	obstruct	option	support	

Y3

accurate	court	opposition	referee	tournament
communicate	intercept	pitch	teamwork	umpire
control	invasion	receiver	technique	

Y2

attack	opponent	send	teammate
defend	possession	shoot	tactic
goalkeeper	receive		

Sending and Receiving

Y1

attacker	dodge	mark
defender	goal	track

Sending and Receiving

EYFS

aim	direction	kick	partner	points	safely	stop	win
bounce	dribble	land	pass	rules	score	team	
catch	jump	lose	path	run	space	throw	

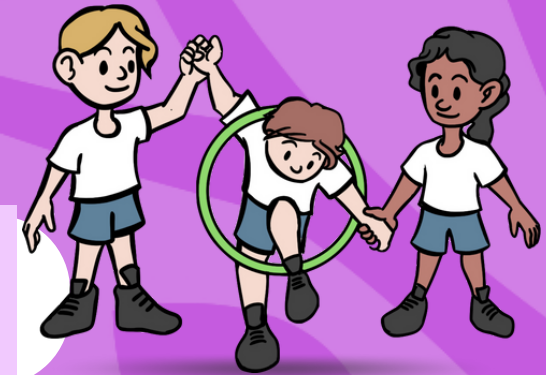
- Ball Skills
- Fundamentals
- Games



Get Set 4
Education

Vocabulary Pyramid

OAA



Y4

effectively

leader

orientate

role

key

navigate

reflect

Y3

collaborate

course

honest

route

tactics

trust

compass

discuss

interrupt

symbol

teamwork

Y2

communicate

include

map

solve

successful

support

Team Building

Y1

challenge

co-operate

instructions

lead

listen

plan

share

talk

Team Building

EYFS

backwards

direction

forwards

partner

path

rules

safely

score

sideways

space

stop

team

- Introduction to PE
- Games

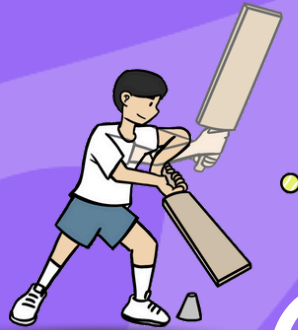




Get Set 4
Education

Vocabulary Pyramid

Striking and Fielding Games



Y4

compete
cushion

decision
limit

momentum
pressure

retrieve

Y3

accuracy
caught out

grip
no ball

run out
short barrier

strike
technique

tournament
umpire

wicket

Y2

backstop
collect

runs
stump

tactics
teammate

Sending and Receiving

Y1

batter
batting
bowl

bowler
fielder
fielding

hit
out
overarm

ready position
track
underarm

Sending and Receiving

EYFS

aim
catch
direction

jump
land
lose

partner
pass
points

rules
run
safely

score
space
stop

team
throw
win

- Ball Skills
- Fundamentals
- Games





Get Set 4
Education

Vocabulary Pyramid

Target Games



Y4

adjust

avoid

cushion

decision

relaxed

support

Y3

agility
caught out

chip
communicate

drive
grip

hit out
opposition

power
putt

tactic
technique

tournament

Y2

accurate

ahead

opponent

release

strike

teammate

Sending and Receiving

Y1

balance

distance

further

overarm

swing

underarm

Sending and Receiving

EYFS

aim
ball
bounce

catch
caught
dribble

hit
jog
jump

lose
partner
points

ready
roll
rules

run
safely
score

space
stop
target

team
throw
win

- Ball Skills
- Fundamentals
- Games

